DECTURES ON ORGANON OF OF MEDICINE

Volume 3

Dr. Manish Bhatia

Lectures on Organon of Medicine

Part 3

Dr. Manish Bhatia



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FOREWORD

-Douglas Falkner

When I first read Parts I and II of Dr. Manish Bhatia's Lectures on Organon of Medicine, I recognized a kindred spirit. As an avid reader and instructor of the Organon myself, I was immediately struck by the simplicity, elegance and clarity of Dr. Bhatia's exposition. With a strong emphasis on unprejudiced observation and clear perception in my own clinical work and teachings, I was especially inspired to learn more from such an accomplished expert. Based on his comprehensive work to date, Dr. Bhatia is unarguably a master of Hahnemann's Organon and a teacher of teachers, and I was honored when he asked me to write this forward.

Just as clear and impartial observation underlies the effective practice of homeopathy, so too a clear and unprejudiced understanding of the Organon of Medicine is essential for the development of all students and practitioners of homeopathy alike. Such an unadulterated comprehension is our common insurance for the continued strength and growth of our profession, and ultimately the successful application of pure homeopathy for the infinite benefit of our patients. Dr. Bhatia has been gifted with an impressive capacity to bring the teachings of the Organon to near-perfect clarity for any student who wishes to approach Hahnemann's writings, specifically his Organon, and fully grasp the principles and tenets of homeopathic medicine with precision, practicality and confidence.

In the same style and clarity of Part I and Part II of Dr. Bhatia's Lectures on Organon of Medicine, Part III provides the student and practitioner with the same common sense discussion of Hahnemann's axioms and precepts (the Aphorisms of the Organon), all derived from his long and careful study and research into Hahnemann's writings and

his own in-depth clinical experience. Additionally, this book assiduously avoids speculation, which to me especially is a breath of fresh air for our profession in these times.

At many points in his Lectures, Dr. Bhatia incorporates our current science and modern understanding of disease-- to which Hahnemann could not be privy 200 years ago-to resolve certain discrepancies between the medical knowledge of Hahnemann's day and today's well-established science of microbiology and of infectious diseases in general. Rather than contradict or undermine the enduring truth of Hahnemann's work, Dr. Bhatia respectfully addresses some of Hahnemann's apparent misconceptions, which Hahnemann practiced in his day. Full of concise paraphrasing, common-sense analogies, and numerous pertinent clinical examples, Lectures on Organon of Medicine makes every Aphorism come alive. In so doing, they become much more accessible and comprehensible to the reader, as if Hahnemann were right there at Dr. Bhatia's side spurring him on as the author.

In truth, the future and success of the art and science of homeopathic practice depend largely on an intimate and accurate understanding, as well as a faithful clinical application of the principles and teachings in Hahnemann's Organon. Too many students tend to shy away from a deep study of the Organon, if only because it can be difficult to penetrate, and it admittedly does take a great deal of special care and focus. But, with a myriad of graphs, tables, remedy comparisons, histories of natural diseases and the evolution of medical practice, definitions of arcane terms, short case examples, illustrative rubrics, and more, Part III, like the two previous volumes of Dr. Bhatia's Lectures on Organon of Medicine, greatly simplifies what at first glance appears quite complex to most readers. Instead of Hahnemann's Organon coming off as largely abstruse, Dr. Bhatia removes virtually all obstacles to understanding and opens the door to a wonderful and delightful world of discovery and exploration of what is Homeopathy's most important and central text.

Circumspection in Homeopathy is, in my opinion, a keynote for our work in the field of Homeopathic Medicine. To apply it well, you must—as Dr. Bhatia aptly writes—"put your head and heart into it." This is what Dr. Bhatia has done himself with unparalleled and complete mastery in writing his *Lectures on Organon of Medicine*. For us who wish to become always better at our craft as Homeopathic practitioners for the aid of our patients, Dr. Bhatia's work and teachings on the Organon are a priceless gift to our profession. Like his first two books on this subject, Part III of *Lectures on Organon of Medicine* is a must companion piece to study and learn Hahnemann's teachings in his Organon—and the very best one I personally know of—for any serious student or practitioner of homeopathy.

Douglas Falkner, MD, MHom

Founder and Chief Instructor – The Falkner School for Homeopathy: The Objective Observer Course Author: A Homeopathic Remedy Guide for First Aid and Acute Care of Minor Illness Ashland, Oregon 2020



FOREWORD

- Subhas Singh

It has been my pleasure to receive the manuscript of Dr Manish Bhatia's book - Lectures on Organon of Medicine, Volume 3.

I have gone through it and am very happy to note the amount of hard work he has put into it. The extensive explanations and commentaries that he has given based on his understanding and clinical experience will definitely create interest in the readers and prove useful for the homoeopathic students.

In this volume of his lectures, Dr Bhatia has dealt with the practical application part of the Organon, covering important topics like treatment of chronic disease, local and one-sided diseases, mental diseases and also homoeopathic posology. The unique feature of this book is the clear and comprehensive elaboration of the underlying philosophy, relating it with the modern terminology, and showing its practical application.

Though there is no dearth of writings on Organon of Medicine and Homoeopathic Philosophy, in recent times, very few of them are worth the effort to read them. Dr Bhatia's book falls in the category of such which has not compromised the Hahnemannian principal but has attempted to make it lucid for the benefit of students.

I am sure the book will be read, appreciated and accepted by the profession, especially the teachers and students.

Dr. Subhas Singh, M.D. (Hom), Ph.D. Director,

National Institute of Homeopaty, Kolkata

FOREWORD

- Jeremy Sherr

The *Organon*, is, was and forever will be the best book on homoeopathy.

This might sound like a cliché, but as a teacher of homoeopathy for the last 40 years, I have hardly ever been asked a question whose answer could not be found in the *Organon*.

This is amazing. The first book written on homoeopathy, its first edition over 200 years old, yet it still retains vitality and relevance today. Every angle considered, every possibility anticipated, every theory backed by cases, every philosophy rooted in a deep belief in the creator, and yet the writing is sprinkled with humour. Don't fool yourself. Nothing essential has changed since the time the Organon was written. Not by suppression, not by vaccination, not by computers or radiation. Truth is truth, and the *Rational Organon of the Healing Arts* is truth.

Yet the *Organon* has one major difficulty — readability. At times it can be cumbersome, difficult to understand, using archaic grammar and language, lacking headings and an index. Personally, I like it that way, but the writing is condensed, and sometimes difficult to follow or understand. And thus, the *Organon* demands unravelling, interpreting, and discussing.

This is exactly what Manish Bhatia has achieved in his three volumes of Organon teachings. His lectures on the *Organon* are an extremely valuable work, precisely in these times, where modern homoeopathic teaching provides so many short cuts, new tactics and popular gimmicks that promise much but deliver transience. It is our duty and privilege to seek solid ground rather than base our practice on

the shifting sands of new ideas.

The third of three volumes, this book covers Paragraphs 146 to the end of the *Organon*, the section that relates to the last of the three main points mentioned in Paragraph 71: Understanding our patients, understanding our remedies, and adapting the remedy to the patient. Adapting the remedy to the patient involves essential and practical subjects, such as which symptoms to use, the nature of aggravations, second prescription, mental disease, intermittent disease, suppression, miasmatic disease, local disease, pharmacy, posology and potency. Let me choose just one of these: The second prescription.

Over 90% of modern teaching focuses on the first prescription, yet 80% of our practice involves the second prescription. This is a serious anomaly in modern homeopathic teaching. The second prescription is not just another first prescription, trying again and again for the magic bullet, as is so often promised in books and seminars. The next remedy, and the trail of further remedies, are a path leading to a goal and must be navigated with the utmost care and knowledge. The subsequent prescription is a science, an art, a philosophy of life and the key to a successful practice. And so, having Manish's discussion, elaboration and explanation of this and related subjects is a true blessing.

This book has woven together explanations, examples from bygone days and modern medical practice and philosophy. In this multifaceted approach lies great merit and a tremendous help in our quest for the best understanding and application of homeopathy today.

Jeremy Sherr, F.S. HOM

Director, Dynamis School of Advanced Homeopathic Medicine

Founder, Homeopathy for Health in Africa

PREFACE

When I read Organon for the first time at the age of seventeen, I fell in love with it. I found the purpose of my life. As a student, I realized that most students never studied Organon because the language was too difficult. When I started teaching Organon at 25, I wanted to make Organon easy and contemporary for my students.

In 2013, I wrote and published the first volume of this work, in 2016 the second, and this third and final volume will see the light in 2020. Organon still remains my passion and making its knowledge accessible and relevant to everyone in modern times still remains a purpose of my life.

Organon is not a book to be read, it is a book to be lived. Every aphorism is meant to be lived and now I prefer to teach in a way, where these aphorisms come to life in live cases. My journey is still incomplete and I have miles to go, but with this volume, I believe I have reached an important milestone in my homeopathic journey.

I need to thank many people who have been part of this journey. First, my teachers who taught me homeopathy, then my students, who forced me to learn more, and then my patients who allowed me to live and experience the Organon in practice. My parents, who have been a source of inspiration, and my soulmate Manisha, who is my life's bedrock, can't be thanked in words for their presence in my life. My daughters have also been part of this work, by allowing me the time and space to complete this work.

I am also grateful to my friends Firuzi Mehta, Alan Schmukler and Siegfried Letzel for editing and proof-reading this work. I am fortunate to have such friends. Special thanks to Douglas Falkner, Subhas Singh and Jeremy Sherr for gracing this work with a foreword.

Aphorism 201-203

Suppresion

§ 201

It is evident that man's vital force, when burdened with a chronic disease which it is unable to overcome by its own powers instinctively, adopts the plan of developing a local malady on some external part, solely for this object, that by making and keeping in a diseased state this part which is not indispensable to human life, it may thereby silence the internal disease, which otherwise threatens to destroy the vital organs (and to deprive the patient of life), and that it may thereby, so to speak, transfer the internal disease to the vicarious local affection and, as it were, draw it thither. The presence of the local affection thus silences, for a time, the internal disease, though without being able either to cure it or to diminish it materially.¹

The local affection, however, is never anything else than a part of the general disease, but a part of it increased all in one direction by the organic vital force, and transferred to a less dangerous (external) part of the body, in order to allay the internal ailment. But by this local symptom that silences the internal disease, far from anything being gained by the vital force towards diminishing or curing the whole malady, the internal disease, on the contrary, continues, in spite of it, gradually to increase.

Nature is constrained to enlarge and aggravate the local symptom always more and more, in order that it may still suffice as a substitute for the increased internal disease and may still keep it under. Old ulcers on the legs get worse as long as the internal psora is uncured, the chancre enlarges, as long as the internal syphilis remains uncured, the fig warts increased and grow while the sycosis is not cured whereby the latter is rendered more and more difficult to cure, just as the general internal disease continues to increase as time goes on.

Footnote 1 - The issues [fontanels] of the old-school do something similar. As artificial ulcers on external parts, they silence some internal chronic diseases, but only for a short time, as long as they cause a painful irritation to which the sick organism is not used, without being able to cure them; but, on the other hand, they weaken and destroy the general health much more than is done by most of the metastases affected by the instinctive vital force.

Hahnemann gives a very interesting hypothesis here. He says that when the body is burdened with a chronic disease process, which it cannot overcome on its own, it directs the disease to, and develops a lesion on, the external parts to save the more important vital organs. I have some reservations on this hypothesis. Clinically, I agree that a healthier person develops less serious diseases, often local affections. However, I do not agree that the body always does it on purpose.

The chronic miasmatic diseases depend upon a chronic miasm (infection) and like human beings these infectious agents have evolved and have their own survival mechanisms, which include appropriate mode of transmission and propagation too. The chancre of Syphilis, the genital warts of Sycosis, the urethral discharge of gonorrhoea, the eruptions caused by the acarus – are all survival and transmission modes for these little living organisms.

It is not our body that chooses this mode of expression. These agents have developed these modes of survival and easy transmission over the course of millions of years. If they do not express on the surface of their host, they will not easily get transmitted to the next host and will die out very soon. The local expression is more about their survival and less about ours.

Having said that, I still agree with Hahnemann's observation that a healthier person will develop less serious illnesses, esp., those which are non-infectious in nature (most of which Hahnemann grouped in Psora). The less serious diseases do not affect the internal vital organs and are often restricted to skin and mucosa.

We can easily see this preference for the outside less vital parts in non-infectious diseases. People often develop allergic rhinitis first and allergic rhinosinusitis or allergic bronchitis/asthma later. People will suffer from indigestion and hyperacidity for years before developing a peptic ulcer. The hypertension often comes before the coronary artery disease. Streptoccocal sore throat often comes before rheumatic heart disease.

Yes, our body has an immune system and inherent intelligence that will try to preserve life as long as possible. In this process, it will try to preserve the more important organs, but it does not always succeed because any disease is the outcome of the action of the disease-causing or exciting agent and the defence system of our body. At times our body does get overwhelmed and the most vital organs too fail before the disease can manifest locally. However, let's keep those exceptions aside for now.

The summary is – a healthier person tends to fall sick less often and gets less serious diseases, which often tend to limit to the skin and mucous membranes. This, however, cannot be attributed to the body's innate intelligence alone. The survival mechanism of the infectious agent is also responsible for local manifestation, especially in miasmatic [infectious - acute or chronic] diseases.

In the footnote to this aphorism, Hahnemann has discussed the allopathic process of creating issues (ulcers) on the skin. He believes that these ulcers on the skin, being superficial lesions, also tend to silence the internal disease for a while. However, in the long run, these artificially produced superficial lesions tend to decrease the vitality and increase the sickness of the person.

Here I would again like to differ from Hahnemann. The issues tend to give temporary relief because we are producing a stronger artificial disease state, which suspends the existing disease for a while, and not because they are external lesions. I have discussed this in much more detail in part one of this work and would like to reproduce some bits from there.

'Issues' referred to the process of creation of raw areas of skin, produced by burning the upper layer of skin and maintaining these

open granulating areas to ensure that the serous discharge continues. 'Fontanels' were the means by which the 'issues' were achieved. There were two favourite varieties – 'caustic issues' and 'moxa issues'. In caustic issues, the raw area was created with Potash, and in moxa issues, burning Artemisia leaves were used to create the raw area. They were believed to have curative effects. For example, in epilepsy, two 'issues' were created on the nape of the neck, and in Tuberculosis, two issues were created below the clavicles.

This artificial disease state created in the form of an issue suspends the existing disease state for a while. Hahnemann mentions this process in aphorism 38:

"Or the **new dissimilar disease is the stronger**. In this case the disease under which the patient originally laboured, being the weaker, <u>will be kept back and suspended</u> by the accession of the stronger one, **until** the latter shall have run its course or been cured, and then the old one reappears uncured."

In aphorism 39, he further tells us:

"Did they not perceive when they employed, as was their custom, an aggressive allopathic treatment in a chronic disease, that thereby they only created an artificial disease dissimilar to the original one, which, as long as it was kept up, merely held in abeyance, merely suppressed, merely suspended the original disease, which later, however, always returned, and must return, as soon as the diminished strength of the patient no longer admitted of a continuance of the allopathic attacks on the life?"

I urge you to revisit my lecture covering these aphorisms in volume one of this work.

Having agreed to Hahnemann's observation about disease progression and after having disagreed with his reasoning for the same, we move on to the next two aphorisms, which deal with the internal aggravation of the disease, when the local manifestation of the disease is suppressed.

§ 202

If the old-school physician should now destroy the local symptom by the topical application of external remedies, under the belief that he thereby cures the whole disease, Nature makes up for its loss by rousing the internal malady and the other symptoms that previously existed in a latent state, side by side with the local affection; that is to say, she increases the internal disease. When this occurs it is usual to say, though incorrectly, that the local affection has been driven back into the system or upon the nerves by the external remedies.

§ 203

Every external treatment of such local symptoms, the object of which is to remove them from the surface of the body, while the internal miasmatic disease is left uncured, as, for instance, driving off the skin the psoric eruption by all sorts of ointments, burning away the chancre by caustics and destroying the condylomata on their seat by the knife, the ligature or the actual cautery; this pernicious external mode of treatment, hitherto so universally practised, has been the most prolific source of all the innumerable named or unnamed chronic maladies under which mankind groans; it is one of the most criminal procedures the medical world can be guilty of, and yet it has hitherto been the one generally adopted, and taught from the professional chairs as the only one.¹

Footnote 1- For any medicines that might at the same time be given internally served but to aggravate the malady, as these remedies possessed no specific power of curing the whole disease, but assailed the organism, weakened it and inflicted on it, in addition, other chronic medicinal diseases.

Hahnemann used nearly the whole of the introduction to his Organon of Medicine to review the medical practices prevalent during his time. He condemned the use of antipathic drugs and measures very strongly. He said that in theory these allopaths claim to treat the cause but in practice, all they do is suppress isolated

symptoms using antipathic drugs. He mentioned the use of several drugs like Digitalis, Valerian, Cinchona, Salts of Mercury, etc. He observed that in nearly all cases, the use of such antipathic palliatives brings temporary relief to solitary symptoms and is always followed by a worsening of disease and compounding of disease with the bad effects of these medicines. If the medicines used are very strong, the presenting symptoms disappear and the disease moves internally affecting more vital organs.

Hahnemann himself attributed most of the symptoms of Psora, not to the primary Psora, but to the suppression of psoric eruptions. He said that it was the suppression of skin eruptions that result in the secondary manifestations of Psora. He states in the Chronic Diseases (1828):

"From a small beginning with wonderful progress, psora spreads out into its underlying states and manifests itself in the large portion of the chronic diseases upon the human race. It embraces epilepsy, insanity, the malignant diseases, tumours, ulcers, catarrhs, and a great proportion of the eruptions. It progresses from simple states to the very highest degree of complexity, not always alone and by itself, but often by the villainous aid of drugging during generation after generation; for the physician has endeavoured with all his power to drive it from the surface, and has thereby caused it to root itself deeper, to become more dense and invisible until the human race is almost threatened with extinction."

He also wrote

"But who will pardon the men whose office and duty it is to know the extent of the inevitably following, illimitable misfortune, resulting from the external expulsion of the itch-eruption, owing to the Psora which is then aroused from the whole organism, and who ought to have guarded against it in every way by a thorough internal cure of the whole of this disease, "when we see them treat the itch patients all in the same erroneous manner; yea, with even more violent internal and external remedies, sharp purgatives, with the Jasser ointment, with lotions of acetate of lead, with the sublimate of mercury or sulphate of zinc, but especially with an ointment prepared of fat with flowers of sulphur or with a preparation of mercury; with which they lightly and carelessly destroy the eruption, declaring this is merely an

impurity located in the skin, and must be driven out; then everything will be well and the man will be healthy and free from every ailment ... Yet they cannot see nor be convinced as to the certain, quickly fatal or lifelong insidious misfortune they bring upon the itch-patient through the destruction of his eruption, as they thus merely unfetter the internal malady (psora), which is laden with innumerable ailments. This disease is neither destroyed nor cured; and so this thousand-headed monster, instead of being conquered, is inexorably let loose against the deceived patient to his destruction, by tearing down the barriers that shut it in."

For Syphilis, he wrote:

"[Physicians] do not see the syphilis, which was already present within and had been developed in the whole organism, even before the breaking out of the chancre; and so they blindly suppose, that the chancre is the only venereal evil which is to be extirpated, and that this needs but to be destroyed by external applications, in order to be able to declare the man cured; and this without being instructed, by the many thousand cases in their experience, that by the local extermination of the chancre they have never done anything but injury, as they have only deprived the syphilis pre-existing within of its diverting local symptoms and have thereby compelled the internal malady to break out only the more certainly and dreadfully (and in a manner more difficult of cure), as venereal disease."

For suppression of genitals warts (sycosis), he wrote:

"When these are violently removed, the natural, proximate effect is, that they will usually come forth again, usually to be subjected again, in vain, to a similar, painful, cruel treatment. But even if they could be rooted out in this way, it would merely have the consequence, that the figwart-disease, after having been deprived of the local symptom which acts vicariously for the internal ailment, would appear in other and much worse ways, in secondary ailments; for the figwart-miasm, which in the whole organism, has been in no way diminished, either by the external destruction of the above-mentioned excrescences, or by the mercury which has been used internally, and which is in no way appropriate to sycosis. Besides the undermining of the general health by mercury, which in this disease can only do injury, and which is given

mostly in very large doses and in the most active preparations, similar excrescent then break out in other parts of the body, either whitish, spongy, sensitive, flat elevations, in the cavity of the mouth on the tongue, the palate and the lips, or as large, raised, brown and dry tubercles in the axillae, on the neck, on the scalp, etc., or there arise other ailments of the body, of which I shall only mention the contraction of the tendons of the flexor muscles, especially of the fingers."

Hahnemann was aware about the pernicious effects of the suppressive allopathic treatment in Syphilis, Genital warts and Gonorrhoea from the very beginning. He knew these diseases are not cured by the removal of their local manifestations and that they continue to grow within resulting in the affection of other more vital parts.

However, the true concept of suppression was developed by him with the Psora theory. Hahnemann developed his theory of miasms by back-tracking the origin of the current ailment. In a patient with some form of neuralgias or cardiac disease, if he found the history of Syphilis, he attributed the current symptoms to the syphilis syndrome. He did the same for genital warts/gonorrhoea. These venereal syndromes were very well-defined.

However, when he came to Psora, he was stumped by the huge variety of diseases he was back-tracking and was finding a history of only scabies as a chronic infectious disease in the history of the patient. He knew scabies alone could not produce such a wide variety of symptoms. So he attributed all the diseases (other than the venereal ones) to the secondary symptoms of psora, which were caused by the suppression of the psoric eruptions. So the psora theory is more about suppression and less about scabies.

In homeopathic literature, we find thousands of examples of suppression of skin lesions leading to a variety of disorders. We also come across numerous cases of 'return of old symptoms', where an old skin lesion, previously suppressed, reappears during the course of a homeopathic treatment for a chronic disease. However, we fail to see any significant medical research studies showing a direct association between a suppressive treatment and development of

other disease conditions. Each conventional drug comes with its long-term side-effects but whether these side-effects are merely the primary action of those drugs or the result of suppression needs to be studied.



Afterword

The Journey Ahead

After having taught Organon for nearly twenty years, I feel I understand the intent of Hahnemann very deeply. However, it still has taken me seven years to finish these lectures on Organon and I am still not euphoric about them. I feel I could have done better. There are sections where I have deviated or digressed from the common understanding of Hahnemann's words and there are sections where I have refrained from touching a hornet's nest, considering the scope and audience of this work. There are so many aphorisms which I could have elaborated more deeply or with more clinical examples. However, that endless pursuit of perfection would have delayed this work by aeons, so I am grateful that this work has seen the light of the day.

There are sections within Organon which need a book of their own. Be it the classification of diseases, case taking, miasms, vital force, treatment of psychiatric disorders or posology - each individually demands a full book. With time, I hope to deliver these works to the homeopathic community, writing in the same way, where I bring the understanding of the past and the modern developments together.

I have said this many times previously that Organon needs to be lived clinically and it remains my endless pursuit to experience the truth and clinical veracity of Hahnemann's words in my own practice. I also intend to learn more from other seasoned homeopaths because one lifetime is insufficient to experience it all by yourself.

I urge you, my readers, to share your inputs and clinical experiences about what I have written in these lectures. I will be happy to learn from you and update my lectures in future. Excellence is the gradual result of always striving to do better. I wish to come closer to that state with continuous effort and I wish the same for you.

Dr. Manish Bhatia, June 2020

Afterword

The Journey Ahead

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